

New to Ski for Light? Been while? Need a refresher? Here is what you can expect!

Locations, days, and times are subject to change. Please refer to the Program you received at orientation for the most up-to-date information.

Each year we have several new folks at Ski for Light who are unsure of what the week entails. Because some of us have been doing this for years, we take for granted that everyone else knows what to expect and for that we apologize. But if you are unsure of anything or need anything, please ask!! You will find we are a very accommodating group to be with.

Fun and Memories: First and foremost, you can expect to have FUN! This event has been described as life-changing and you may become addicted, needing to return year after year. We expect you will find this to be one of your top 10 experiences whether you are a guide or participant.

Sunday is registration day. Everyone should go to the Mineral Palace between 2:00-5:00 to register. You will then turn in all the raffle tickets you sold, pay any balance due, find out which hotel and room you are assigned, receive a program which includes a schedule of events for the week, get a name tag, get banquet tickets and meal vouchers you've paid or qualify for, or you may buy them there. There will also be SFL souvenirs for sale. At 5:00, there will be a wine and cheese meet and greet and at 7:00 there will be a new person orientation and Question & Answer session.

If you are a participant who signed up to cross-country (XC) Ski: You will find out who your guide for the week is either on Sunday at registration or Monday at the cross-country site. Check the schedule to find out when the bus leaves to go to the cross-country site. On Monday, you will meet up with your guide, receive your equipment and then you are set to ski on the 1K and 5K trails. You will have a chance to sign up during the week for race day on Thursday. Races are finished by noon.

If you are a participant who signed up to snowshoe: you can go to the cross-country site on Monday to be paired with your guide.

At the cross-country site: there is a warming tent and lunch will be served everyday but Thursday in which you can go back to the Mineral Palace hotel and eat with a provided meal voucher, or you may go to the downhill side at Terry Peak and eat lunch with a provided meal voucher and cheer on the downhill participants during their races.

If you are a participant who signed up to do both cross-country and downhill: you will find out who your guide is either on Sunday at registration or Monday at the cross-country site.

If you signed up to Downhill: Visually impaired skiers will be assigned a guide for the week and will find out who your guide is on Monday morning at Terry Peak. Check the schedule to see when the bus leaves for the site. Your guide or a volunteer will help you get your equipment needed after you get a rental slip from the downhill coordinator. If you are a mobility impaired skier, you will come to the site and sign up with the downhill coordinator for adaptive skis and wait until it's your turn to use the ski. You will have many different guides during the week. Race day for visually impaired stand-up skiers is Wednesday so sign up before then. Race day for physically impaired participants is Thursday so sign up before then. There is no



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recreational skiing for adaptive skiers on race day until all the races are finished.

At Terry Peak, the Downhill site: There will be two downhill coordinators. The inside coordinator will assign you a guide if you are a visually impaired skier; adaptive skiers will get signed up for a turn on an adaptive ski and let you know when it's your turn. The outside coordinator will help you get your adaptive ski and guides. You will be provided meal vouchers every day from the SFL t-shirt table to eat lunch at the cafeteria.

If you are a volunteer who signed up to guide cross-country: You will find out who you are assigned to guide for the week either Sunday night at registration or Monday at the cross-country site. Check the schedule to see when you will meet for training on Monday morning at the site. We encourage you to help your participants out during the week and help them sign up for races on Thursday.

If you are a volunteer who signed up to guide BOTH cross-country and downhill: You will find out who your assigned participant is for the week either Sunday night at registration or Monday at the cross-country site. You will meet your participant on Monday morning at the cross-country site and xc ski there for the day. You will meet your assigned participant on the downhill side on Tuesday and help them get their equipment and ski there for the day. You will be expected to help your participants out during the week and get them signed up for downhill races on Wednesday and XC races on Thursday.

If you are a volunteer who signed up to guide downhill: You will meet on Monday morning (and everyday thereafter) at 8:30 AM at Terry Peak to help unload the trailer and then go through training for adaptive skiing and guiding visually impaired skiers. Some of you will be assigned a visually impaired skier to guide for the week and you should make sure to help your participant get signed up for their race on Wednesday. Some of you will be guiding participants in adaptive skis. Your day will consist of taking turns guiding different participants in different skis. There are usually 2 guides that will go with a participant in the adaptive ski, make 3 runs and return to see if the ski or guides are needed for another participant's turn. Please make sure the downhill coordinator knows that you are available to guide and wait for an assignment.

General Information: You may eat breakfast and supper wherever you choose in Deadwood, however, if you purchase or qualify for meal vouchers, they may only be used at The Gem Restaurant located in the Mineral Palace. They will have a breakfast buffet available every morning and supper every night. On Monday night, we usually meet at Saloon Number 10 for a free supper which is donated by a kind contributor of Ski for Light. Make sure to check your schedule to be sure.

In the evening, there will be different activities available such as karaoke night, a slot tournament, a picnic and bonfire at the cross-country site, and bumper cars. Be sure to check your schedule to see what's available.



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The registration room at the Mineral Palace Hotel will be open most nights to all who would like a place to visit or play music and hang out. Check the schedule for nightly availability.

General Guide Information:

As a guide, you are expected to assist your participant(s) with all their needs. This may include, but is certainly not limited to, helping them get their gear, get in and out of gear, get their lunch, walk them to and from the facilities, getting back to their bus on time, and making sure they have the appropriate clothing on for the weather conditions to keep them warm.

Deck Crew Information:

As part of the Deck Crew, you will be outside in the elements working with other crew members assisting participants into our sit-skis. Depending on the participant's abilities, you may need to assist them by lifting them from their wheelchair to the sit-ski. You will also make sure they are strapped tightly in the seat of their ski and have all the appropriate weather clothing on to keep them warm. You will help unload the trailer in the morning and load everything back up in the evening. You may be asked to help in other ways where needed.

Cook Crew Information:

You will report to the cross-country site daily and work to prepare food for participants and volunteers. Food is prepared outside, Dutch-oven style.

Snowmobile Lodge Helper Information:

As a Lodge Helper, you are expected to assist participant(s) with all their needs. This may include, but is certainly not limited to, helping them get their gear, get in and out of gear, walk them to and from the facilities, getting back to their bus on time, and making sure they have the appropriate clothing on for the weather conditions to keep them warm. You will also be there to help keep them company and talk to them while they are waiting for their turn to take a ride.

Terry Peak Lodge Hepler Information:

As a Lodge Helper, you are expected to assist participant(s) with all their needs. This may include, but is certainly not limited to, helping them get their gear, get in and out of gear, get their lunch, walk them to and from the facilities, getting back to their bus on time, and making sure they have the appropriate clothing on for the weather conditions to keep them warm. You will also be there to help keep them company and talk to them if we are short guides and their guide needs to take another participant out.

Other Volunteer Needs:



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We have a variety of needs from assisting with race timing, making sure participants are assigned their helmets, two-way radios, working the merchandise table, sitting with participants, and keeping them company, serving food at Saloon #10 on Monday night, serving food during the banquet, watching service dogs while their humans play, among many other non-skiing and non-outdoor needs. If you find yourself with nothing to do, trust us, we have something you can do, please ask us how and where you can be of service. Making sure our participants have the absolute best time of their life is our number one goal and we cannot do that without our amazing volunteers!

